

Ann Arbor Constitution:

1. Faith in its value.
2. Places on value of other school subjects.
3. Develop teacher training.
4. Great influence on European and American gymnastics.

Norway - School for Teacher Training in Oslo.

Switzerland:

Class 1782-1854 taught P. E.
in Swiss Army. In Eng. 1822-1825
charge of ^{military} Naval ₍₁₇₉₆₋₁₈₃₇₎ school

Pestalozzi - connected with Hist. of Ed.

1 hr. to games skating mountain climbing
All teachers give intelligent sympathetic
leadership. His beliefs saw possibility
of games in developing child's moral
and intellectually development.

Fellenberg student & follower of Pest.
Had school in Switzerland but later came
to America & set up his ideals.

Trochel - (1782-1852) Believed Ed
was natural development from within.
Realized need of kindergarten for social
development. Revised games, song & play
things for kids. Self-expression,
social participation, free development
& training of mind thro' play.

Dalcroze - Musician Impressed
with difficulty kids learned music.
Revised system of learning music thro'

body movement. Trained teachers in his methods became Dolcoze

Czechoslovakian Republic 1919(?) Result of last war. Formed National Unit. Believed in strength of body & mind. Sokol (society of nation) Organized by Dr. Tyro. in Prague. Became patriotic as well as gym movement & spread thru' out country. Festivals in Prague every few yrs. Last one in '37. Gym. ^{they do} German system with some alterations.

England - 18th Systems were secondary. Swedish taught in Eng in 1838. Taken up by schools for training women in P.T. Long terms in Eng. Madame Osterberg started school. Stud with Swedish system of gym, very well known. Schools at Bedford, Liverpool, Dorkford, Chelsea. In 1878 London School Board gave training for Teachers. 1902 adopted Swedish System for training of men. 1906 adopted Danish interpretation of Swedish gymnastics. Archibald McLean A system of P.T. in 1867. Pioneer in study of anthropometry - [Study of measurements in man] Prof. Private gym. in Oxford 1858. McLean in charge of military system of gym.

In Eng. King Assoc. of Swedish Gymnastics
Sports are a tradition of Eng. life. We
have gained more from this tradition.
Play not idea of fitness but because it most
natural thing to do. Sports tradition of schools
but not limited to these. Schools + colleges gave
funds but pupils organized them. Competition.

Movements. Y. W. C. A. organized in Eng. 1855
Hon. Mrs. Kinnaird head of movement who opened
house for nurses returning from Crimean
War. 1870 Y.W. in St. John. '55 in Canada.
Worlds office in Geneva, but moved to Eng.
but now to N. A.

Eng. Folk Dance Movement. - revived by
Cecil Sharp. Studied out of dances + read
old books on T. Dancing. Taught in America.
Eng. T. Dancing better organized than any
other country. Douglas Kennedy now head.

National Fitness Movement - formed
by Cabinet. Funds allotted from Central
Committee - Idea - everyone stimulates
to activities. Games, folk dancing, etc.
Gave money to schools for ^{more} outside activities
organizations to promote health.
Does not have trained teachers. Not understood
tables giving.

M. S. A.

Medan - School of P.E. at U of Berlin.

Mary Wigman - greatest exponent of dancing.
Sweden

Ling visited Denmark & Nachtegall gym. (1776-1839) 1804 went back & from D & helped in university with fencing. 1836 studied Anatomy & Physio. Understanding of human body - Structure & functioning Royal Central Institute of Gym. (1814) formed it. 1939 Lingist - Celebration of his death. Brought out 3 phases of P.E. - Ed. value - its connection with Army, Medical aspect of ed. - Physiotherapy. Exercise for medical treatment.

"General Principles of Gym" written before his death - finished after.

Breathing: specialized in medical gym. ^{Study of respiration in fine} Swedish Kinesiology of gym.

Hjalmar Ling. Ed. gym for boys & girls in school. Progressive arrangement of ed. Needs of child & school conditions in order to all of programme. Used school room & furniture. contributed knowledge of Kinesiology (study of muscular movement) Physio. & Anatomy as regard P.E. Institutes opposition of ed. medical & military gym.

Posse - To Boston. States school.

Klosser - Took up his work.

Denmark
Næstlagall (1777-1847) Reading of
Gutsmuths + lead to
teacher of gym 1798 organized cont.
and in den. gym. 1804-
Prof of gym at U. of Copenhagen.
Director of gen. school for trained
army leaders. 15-18 mos long.
Both civilians admitted. 1821 fixed
rule gym of D. Civil & Military 1828
"Manual of Gym", 1838 experimenting
work with girls + 1839 admitted
girls to do gym in Normal schools.
Fight between S. + D. types of gym.
Govt sent commission to
Berlin Stockholm etc.

Result. New manual of D with
Swedish interpretations + gen. apparatus.

Knudsen - 18th inspector of gym¹⁹⁰⁷ 1909 state
exam in D. to pass in Phy. Ed. for credit to
extra University. 1909 U of Copenhagen degree
^{Course} ~~course~~ for Phy. Ed. D. games after Eng pattern
Minister of schools urged supplementing gym
with games. Development of folk schools
where young men & women who left school
early go back & get further ed. Courses
last for approx. 6-8 weeks. Ollerup School
Neil Bush. Taught gym in this school for
many years. Madame Battem brought girls
to this country. More rhythmic balance
than Bush.

Italian Terms.

Tempo - rate of speed.

ritenuto - decreasing in speed.

ritardando - decreasing in speed.

largo - slowly broadly.

ff - fortissimo - very loudly.

allegro - very quickly.

dim - diminuendo - decreasing in tone.

piano - softly P.

pp - pianissimo - very softly.

PPP - softest as possible.

mezzo-forte - moderately loud inf.

crescendo - increasing in tone.

andante - moving moderate rate of speed.

~ tenuto - pause.

{ } - quarter rest.

Bach

Beethoven

Brahms.

Bach (1685-1750) Johann Sebastian.

Came from a long line of musicians. Born in Eisenach, Thuringia. Parents died at early age. Lived with brother & learned to play clavier. Instruction of violat violin by father before death.

At 15 went to choir of St. Nicholas' Convent at Lüneburg. Got ^{1st} organ instruction there. Had first post as organist at 18 in Arnstadt. Lutheran church. Stayed there for 3 or 4 yrs. Always anxious to hear famous 375

organists. Started 3 mos. leave but stayed
for 4 months & go to own town to learn organist.
Married Maria Barbara in 1707. Next post
Mühlhausen. Stayed short time - less than yr.
Went with Royal Duke of Germany & Weimar
& organist in ^{castle} chapel of court for 10 yrs. Did
much composing of organ music during this time.
Had 7 children. 6 born at Weimar. & were
also famous musicians. Wilhelm Friedemann
and Carl Philip Emmanuel. Wanted to leave
castle but Duke arrested him & kept him
in prison for 1 mos where he composed
Organ Preludes: - little Organ Book - Chorale Preludes
Released & went to Cöthen, ^{the} with Prince of
Anhalt - Cöthen. Had orchestra at his
disposal. Wrote 6 Brandenburg concerti
for orchestra. Well-tempered Clavichord.
Wrote major & minor keys. Went on trip with
Prince but before he got back his wife took
sick, died & was buried ¹⁷²⁰ 18 mos. later married
again ¹⁷²¹ Anna Magdalena. Musical & he taught
her. For her wrote "Notebook of Anna Magdalena
Bach." He helped her with music copying.
1723 moved to last & most imp. post at
Leipzig. There he was Cantor (master) of Thomas
schule. Large school for choir boys. Both music
& ed. Residence. Bach wrote most of music
which boys sang in neighboring churches. In
some service Cantatas used. 200 church
Cantatas which we still use. St. John
Passion - St Matthew Passion - Mass B. Minor.
Son at court. King Frederick asked him to play.
Died 1750 in Leipzig - blind.

George Frederick Handel (1685-1759) well known to Eng. Born in Germany. Kapellmeister to Elector of Hanover, George I. "Water Music" played for King. Producer & composer of opera. Went to Dublin & composed ^{that was meant to be} opera with a sacred text - "Messiah". Died old & blind.

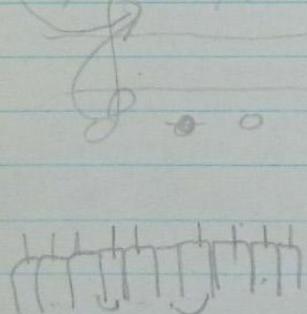
Franz Joseph Haydn (1732-1809) An Austrian. Very humbly born. Appointed to Esterhazy (a wealthy family) for 30 yrs. Composed many selections. Wrote much chamber music, symphonies (Father of symphony). Wrote "12 London Symphonies" for Eng. Did much for shaping of "Sonata form".
^(Exposition) Movement - 2 subjects - 1st in ^{tonic} key. 2nd in dominant.
Development Section - modulates from key to key, etc.
- called Free Fantasia.

Recapitulation - 1st Sub. (tonic)
2nd . (..)

coda ends or coda - tail end.

Symphony, sonata for orchestra.

any. - 3rd.



8 0 0 0 0 0 0 0 0 0 0 0
8 5 5 0 0 6 0 0 0 0 0 0
1 2 3 4 5 6 5 6 7 8

lah te do ray me fah si lah.

Wolfgang A.

Mozart - Born in Salzburg 1756-1791. Went on tours with family to royal courts. Left over 600 pieces. Went to Vienna but achieved no great post. "Don Giovanni" Marriage of Figaro" Magic Flute" All kinds of compos. 37M

Ludwig van Beethoven born in Germany in 1770-1827. Developed talent in peculiar fashion. Studied with Haydn in Vienna & Mozart. Impatient with institutions looking. Popular with nobility at court. At 36 shut himself in country because of deafness. Went worse. Wrote C Minor Symphony in 1808. Heroica 3rd - 5th C. Minor - 9th Choral (chorus with 4 voices) 4th Mode Schiller's Ode to joy. Fidelio - Leonora. Wrote for piano - 32 Sonatas. String Quartets. One mass - Missa Solemnis. One oratorio - "Mount of Olives". Very respected in Vienna. Published in all 138 opus numbers.

Pavane $\frac{4}{2}$ music composed to suit these
Galliard $\frac{3}{2}$ forms of dances. Beginning
Arabande $\frac{3}{2}$ of sonata.
Minuet $\frac{3}{4}$
Sauotte $\frac{4}{4}$
Allemand.
Courant.
Bourree.
Signe $\frac{6}{4}$

Galliard - triple time $\frac{3}{2} \left(\frac{3}{4}\right)$ - lively.

Arabande - solo dance especially for women.

Minuet greatest effect on music - for long time 3rd movement - minuet. 8 bar sentences - 2 to form minute which is repeated.

Gavotte - $\frac{4}{4}$ Always begins on 3rd beat
of measure followed by 2nd dance called
musette played on a minuet.

Bonne - $\frac{4}{4}$ - upbeat

La te di, oh me, fa C la.